



**ADVANCED**  
ORTHOMOLECULAR RESEARCH

AOR CODE: AOR74003

Eco Series

# Advanced PCOS Relief

**\$48.45** CAD

Natural Support for Women with Polycystic Ovarian Syndrome

- Improves insulin use in the body
- Supports healthy ovarian function and promotes egg quality
- Decreases androgens
- Helps normalize menstrual cycle
- Carrageenan free



Gluten Free Vegan Non-GMO Hormonal Health

AOR Code	Variant	Price
AOR74003	120 VSOFTGELS	\$48.45

## Details

Polycystic ovarian syndrome is a hormonal disorder affecting 5-10% of childbearing women and is the most significant cause of infertility amongst women of all nationalities. Symptoms vary greatly between women, but can include weight gain, acne, excessive hair growth, multiple ovarian cysts, and male pattern hair-loss. More serious manifestations include: hyperinsulinemia, elevated triglycerides, and difficulty breathing.

Conventional treatments for PCOS are targeted to symptom management from oral retinoid for skin concerns, oral contraceptives, or insulin regulating drugs. However, the most effective treatment is always to address the root cause - this includes diet and lifestyle adjustments as well as supplementation with a few key nutrients that can improve outcomes. The first is inositol. This member of the B vitamin family comes in two forms: myo-inositol and d-chiro- inositol. A combination of these two forms was shown to significantly improve insulin sensitivity by cells, thus preventing blood glucose dysregulation. This also had an impact on the regulation of a number of sex hormone levels. Further, oocyte and egg quality improved leading to improved fertility in women suffering from PCOS. Folic acid has also been seen to be beneficial by providing antioxidant support from excess homocysteine. It also supports healthy brain, cardiovascular and genetic functioning. Advanced PCOS Relief contains the active form of folic acid to ensure that the body can use it properly.

*Keeping with our commitment to sustainability, all of AOR's Eco Series product labels and printed materials have been printed on stone paper. Stone Paper is made from reclaimed limestone (calcium carbonate), recycled concrete, and a small amount of HDPE (high density polyethylene). These components are combined in an environmentally friendly manufacturing process under pressure and heat, using no water, dyes, or bleaches. One tonne of stone paper saves 20 trees and 16,000 gallons of water, resulting in a carbon footprint reduction of 67% when compared to pulp paper.*

## Label Info

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### Discussion

Advanced PCOS Relief helps normalize ovarian function, ovulation, and oocyte quality, and normalizes menstrual cycle irregularities in women with PCOS. Advanced PCOS Relief also improves hormonal and metabolic conditions, and improves insulin sensitivity. In addition, it helps restore pregnancy rates in women under 36 with PCOS who undergo in vitro fertilization.

### Product Variation

Product Code	Size
AOR74003	120 VSOFTELS

### Supplements Facts

Serving Size: 2 VSOFTELS	Amount	% Daily
Folic acid (from L-5-MTHF)	200 mcg	
myo-Inositol	550 mg	
D-chiro-Inositol	13.8 mg	

Organic Coconut oil. VSoftegel: purified water, glycerin, tapioca starch, sunflower vitamin E tocopherols

### Guarantees

AOR™ guarantees that all ingredients have been declared on the label. Contains no wheat, gluten, nuts, peanuts, sesame seeds, mustard, soy, dairy, eggs, fish or shellfish.

### Adult Dosage

Take 2 softgels two to four times daily with/without food, or as directed by a qualified health care practitioner. Use for a minimum of 12 weeks to see beneficial effects.

## **Cautions**

To ensure a timely treatment of a serious cause of infertility, consult a health care practitioner prior to use. Consult a health care practitioner prior to use if you are pregnant, breastfeeding, or if symptoms persist or worsen. Contains sulphites, do not use if you have a sulphite allergy.

## **Disclaimer**

The information and product descriptions appearing on this website are for information purposes only, and are not intended to provide or replace medical advice to individuals from a qualified health care professional. Consult with your physician if you have any health concerns, and before initiating any new diet, exercise, supplement, or other lifestyle changes.

## **Research**

### **Benefits of combined Myo and D-chiro inositol for treatment of PCOS**

A study was conducted in 2012 in which 50 overweight women with PCOS were treated with myo-inositol or a combination of myo- and d-chiro inositol. It was found that a combined administration of 40:1 myo-inositol:d-chiro inositol was most effective in reducing metabolic and clinical parameters.

Another study conducted in 2013 examined IVF outcomes in women with PCOS. Researchers examined the oocyte and embryo quality, as well as pregnancy rates. They found that the combined therapy approach yielded more significant results than treatment with d-chiro-inositol alone.